

Menu

Week 1
03/09/20
21/09/20
12/10/20
16/11/20
07/12/20

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main course one and two	Chicken Fajita wrap Spaghetti hoops Jacket potato Grated cheese	Roast pork with gravy Pasta cheese sauce	Lemon and herb chicken Noodles Sweet & sour vegetable	Steak & Ale Puff pastry pie	Breaded Fish of the Day Ham & cheese panini
Meat free	Vegan vegetable & bean burrito	Quorn fillet in gravy	Falafel Sweet chilli slaw	Pasta & Tomato sauce Garlic bread	Cheese Panini Soup of the day
On the side	Rice green beans	Roast potatoes carrots Cabbage	New potatoes Sweetcorn sugar snaps	Mashed Potato Broccoli	Chipped potatoes Mushy Peas Roasted tomatoes Mixed Salad
Dessert	Apple crumble Yoghurt, jelly or fruit pot	Strawberry Cheese cake Yoghurt, jelly or Fruit pot	Rice pudding Yoghurt, jelly or Fruit pot	1/2 sugar Chocolate puddle pudding Yoghurt, jelly or Fruit pot	Assorted desserts/Rocky Road Yoghurt, jelly or Fruit pot
Breaks					

Menu

Week 2
 07/09/20
 28/09/20
 02/11/20
 23/11/20

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main course one and two	Butchers Pork or Beef & tomato sausages Noodles with tomato sauce	Future foods Beef Lasagne Jacket Potato Tuna mayonnaise	Future foods Chicken & vegetable Curry Jacket potato Baked beans	Roast Gammon or turkey & gravy Plain Pasta Grated cheese	"Burger Friday" Turkey or Butchers prime Beef burger Or Macaroni cheese
Meat Free	vegan sausage	Pesto pasta	Sweet potato, red pepper & spinach curry	Vegetable Pie	Chicken style/vegie nuggets or burger
On the side	Mashed potatoes Baked beans Savoy cabbage	Garlic slice Broccoli Tomato & Rocket salad	Rice Mini Poppadum's Mange tout	Roast Potatoes Baton carrots Garden peas	French fries Sweetcorn Baby spinach Mixed salad
Dessert	Heath Mount Mess (Meringue, berries & cream) Yoghurt, jelly or Fruit pot	Banoffee Pie Yoghurt, jelly or Fruit pot	Cheese & Biscuits Yoghurt, jelly or Fruit pot	Apple Peasant's pudding Yoghurt, jelly or Fruit pot	Lemon drizzle Yoghurt, jelly or Fruit pot

Menu

Week 3
14/09/20
05/10/20
09/11/20
30/11/20

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main course one and two	Future foods Spaghetti Bolognaise or Jacket potato Tuna mayonnaise	Sticky BBQ chicken thigh or Jacket Potato Baked beans	Future foods Chicken & vegetable pie or Noodles Cheese sauce	Cottage/Shepherds' Pie Beef/Lamb with gravy or Pesto Pasta	Cod Fish Fingers Cheese or Ham & cheese panini
Meat Free	Quorn bolognaise	vegan sausage roll	Chickpea Wellington	vegie mince Shepherds' Pie	Mushroom & spinach risotto
On the side	Garlic bread Broccoli Tomato, grated carrot & rocket salad	Cous cous Sweetcorn Coleslaw	Mashed potato Honey glazed carrots Sugar snap peas	Cauliflower florets Red cabbage	Paprika Potato wedges Garden peas Greek Salad
Dessert	<u>Pineapple upside down</u> Yoghurt, jelly or Fruit pot	<u>White chocolate & cranberry flap jack</u> Yoghurt, jelly or Fruit pots	<u>Ice cream tub</u> Yoghurt, jelly or Fruit pot	<u>Jam tart</u> Yoghurt, jelly or Fruit pot	<u>Victoria sponge</u> Yoghurt, jelly or Fruit pot