

# LUNCH

FOUNDED IN 1997  
**HOLROYD HOWE**  
 FEEDING INDEPENDENT MINDS

15<sup>th</sup> April

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Fruity Muffins	Danish Pastry	Beans on Toast	Sausage Roll	Pancakes & Maple Syrup
<b>Main Meal</b>	Beef Chilli Con Carne Served with Sour Cream and Tortilla Chips	Pork Sausage served with Yorkshire Puddings and a Rich Gravy	Turkey, Sweetcorn and Ham Pot Pie	<u>Pasta bar</u> Tomato and Basil Sauce Creamy Chicken and Broccoli Sunflower Seed Pesto	<u>Wrap Station</u> Crispy Breaded Chicken Breaded Quorn Fillet Soft Tortilla Wrap Garlic Mayo BBQ Sauce Hoisin Sauce Curried Mayonnaise
<b>Meat Free</b>	Creamy Mushroom Stroganoff	Succulent Quorn Sausages Topped with Crispy Onions	Chunky Root Vegetable and Soya Mince Stew	Crispy Savoy Cabbage and Potato Cake Topped with a Fried Egg	Warmed Salmon Niçoise Salad
<b>Simple Option</b>	Jacket Potato with Cheese & Baked Beans	Pesto Pasta	Penne Pasta In a Rich Tomato Sauce	Jacket Potato with Cheese and Baked Beans	Warmed Salmon Niçoise Salad
<b>Sides</b>	Braised Rice Baton Carrots Steamed Corn	Cauliflower Cheese Mash Potatoes Steamed Peas	Roasted New Potato Garlic Green beans Roasted Aubergines	Penne Pasta Sweetcorn Grilled Courgettes Garlic and Herb Focaccia	Chipped Potatoes Baked Beans Roasted Beets
<b>Dessert of the Day</b>	Vanilla Sponge Cake Served with Custard	Yoghurt or Fresh Fruit	Jelly Or Fresh Fruit	Banoffee Pie	Yoghurt or Fresh Fruit
<b>Little Tea</b>	Fruit Platter	Iced Orange Cake	Carrot & Cucumber sticks	Fruity Thursday	Mini Jam Doughnuts

# LUNCH

FOUNDED IN 1997  
**HOLROYD HOWE**  
 FEEDING INDEPENDENT MINDS

22<sup>nd</sup> April

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Breakfast Muffin	Danish Pastry	Beans on Toast	Bacon Roll	Pancakes & Maple Syrup
<b>Main Meal</b>	Hoisin Chicken and Broccoli Served with Prawn Crackers	Roast Pork Served with Apple Sauce and Yorkshire Puddings	Beef Lasagne Al forno Topped with a Cheddar Crunch	Hunters Chicken and Bacon Taco Bake Served with Sour Cream	<u>Fish Fridays</u> Breaded MSC Pollock Beef and Onion Pie Battered Quorn Sausage
<b>Meat Free</b>	Malaysian Vegetable Curry	Quorn Sausage and Butternut Plait	Lentil and Ratatouille Stuffed peppers	Soya Mince and Mixed Bean Chilli	Chipped Potatoes Mushy Peas Tartar Sauce Lemon Wedges
<b>Simple Option</b>	Jacket Potato with Cheese & Baked Beans	Tomato and Hidden Vegetable Pasta	Jacket Potato with Cheese & Baked Beans	Roasted Tomato Penne Pasta	Vegetarian Posh Dogs Accompanied with Crispy Onions and Mustards
<b>Sides</b>	Sticky Rice Stir Fry Chinese Cabbage and Bean Sprouts Spring Rolls	Roast Potatoes Braised Red Cabbage Garden Peas	Garlic and Herb Focaccia Steamed Broccoli Baton Carrots	Turmeric Rice Roasted Peppers and Onions Sweetcorn	
<b>Dessert of the Day</b>	American Pancakes Served with Toffee Banana Sauce	Yoghurt or Fresh Fruit	Jelly or Fresh Fruit	Pink Jam Slice	Yoghurt or Fresh Fruit
<b>Little Tea</b>	Fruit Platter	Lemon Drizzle Cake	Carrot & Cucumber	Fruity Thursday	Chocolate Chip Cookie

# LUNCH

FOUNDED IN 1997  
**HOLROYD HOWE**  
 FEEDING INDEPENDENT MENIOS

29th April	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Breakfast Muffin	Bacon & Hash Brown	Beans on Toast	Sausage Roll	Pancakes & Maple Syrup
<b>Main Meal</b>	<u>Loaded Burrito</u> Paprika Crispy Beef Jackfruit and Red pepper Stew Warmed Wraps	Roast Turkey Served with a Rich Gravy and Crispy Yorkshire Puddings	Creamy Chicken Korma Served with Naan Bread, Mint Reita and Mango Chutney	<u>Jacket Potato Station</u> Smoked Paprika and Garlic Roasted Chicken Trio of Mushroom Stroganoff Lime and Coriander Tuna	<u>Pizza Bar</u> Double Pepperoni Classic Margarita Topped with Fresh Basil Garlic Mayo BBQ Sauce
	<b>Meat Free</b> Sour Cream Tomato Salsa	Goats Cheese, Roasted Tomato and Spinach Tart	Chickpea Falafel Served with a Coriander Salad	Baked Beans Grated Cheddar Coleslaw	
<b>Simple Option</b>	Jacket Potato with Cheese & Baked Beans	Tomato & Hidden vegetable Pasta	Jacket Potato with Cheese & Baked Beans	Pesto Pasta	Salmon and Dill Fishcake
<b>Sides</b>	Golden Rice Charred Aubergine Sweetcorn	Roast Potatoes Broccoli Batton Carrots	Steamed Rice Seasoned Cauliflower Garden Peas	House Salad Green Beans Garlic Red Peppers	French fries Baked Beans Roasted Beets
<b>Dessert of the Day</b>	Apple Crumble Served with Custard	Yoghurt or Fresh Fruit	Jelly or Fresh Fruit	Queen of Hearts	Yoghurt or Fresh Fruit
<b>Little Tea</b>	Fruit Platter	Sprinkle Cake	Carrot & Cucumber sticks	Fruity Thursday	Chocolate Brownie