





Week One - Lunch Menu - W/B 3rd Jan

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Pork ragu bolognaise with rosemary focaccia & sweet corn 	Roasted thyme & garlic chicken with crispy roast potatoes, broccoli & gravy	BBQ beef & bean chilli with vegetable rice & tortilla chips 	Smoked bacon & sweetcorn macaroni cheese with garlic bread 	Crispy breaded haddock with chunky chips & garden peas
Main Course 2	Roasted vegetable ratatouille with fusilli pasta & rosemary focaccia	Pearl barley, vegetable & seed roast with crispy roast potatoes & roasted squash 	Smokey bean & sweet potato chilli with vegetable rice & tortilla chips	Sundried tomato, mushroom & basil pasta with garlic bread & grilled courgettes	Mushroom, haloumi & red pepper stack with chunky chips & iceberg lettuce salad
Alternative	Sliced crispy potato bake filled with beans & cheese	Edamame bean cous cous with feta cheese & herbs	Pepper & mixed vegetable Quorn chow mein	Oven baked jacket potato with tuna mayo	Pea, butternut squash & pesto risotto
	Daily selection of wholemeal bread, simple salad option and cheese Daily selection of fresh fruit pots, fresh fruit and natural yoghurts				
Dessert	Natural yoghurt pots or fresh fruit pots	Chocolate sponge & chocolate custard	Natural yoghurt pots or fresh fruit pots	Sticky date & toffee pudding with toffee sauce	Natural yoghurt pots or fresh fruit pots
Afternoon Snack	Oat and cinnamon cookies	Fresh watermelon slice	Margherita pizza	Vegetable crudites	Citrus drizzle cake

Week Two - Lunch menu - W/B 10th Jan




Monday

Tuesday

Wednesday

Thursday

Friday




Main Course 1	Cumberland sausage with creamy mashed potato & baked beans	Beef massaman curry with rice noodles & prawn crackers 	Tomato, lentil & basil penne pasta with garlic bread & green salad 	Chicken & pepper fajitas with cajun wedges & broccoli	Pepperoni pizza with skinny fries & sweetcorn
Main Course 2	Quorn sausages with roasted onions & sauteed winter greens 	Sweet chilli vegetables with rice noodles & prawn crackers	Spicy salmon, tomato & rocket pasta with garlic bread	Quorn & pepper fajitas with cajun wedges & broccoli	Margherita pizza with skinny fries & coleslaw
Alternative	Mixed vegetable & lentil biriyani	Gnocchi with pesto & cherry tomatoes	Crispy sliced potato filled with creamy chicken & mushrooms	Tuna pasta with peas & sweetcorn	Seafood & vegetable paella
	Daily selection of wholemeal bread, simple salad option and cheese Daily selection of fresh fruit pots, fresh fruit and natural yoghurts				
Dessert	Natural yoghurt pots or fresh fruit pots	Apple & cinnamon crumble with custard	Natural yoghurt pots or fresh fruit pots	Ginger sponge with vanilla custard	Natural yoghurt pots or fresh fruit pots
Afternoon Snack	Cheese & biscuits	Fresh pineapple slice	Coconut flapjack	Homemade rosemary focaccia	Chocolate brownie

Week Three – Lunch Menu – W/B 17th Jan

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Sweet chilli glazed chicken with lime & coconut rice & broccoli	Roast loin of pork with crispy roast potatoes, steamed carrots & gravy	Cheesy beef & lentil lasagne with garlic bread & garden salad 	Chicken, vegetable & tarragon pie with buttery mashed potato 	Fish fingers with French fries & garden peas
Main Course 2	Roasted cauliflower steak, katsu curry sauce with lime & coconut rice	Mushroom, lentil & broccoli wellington with crispy roast potatoes & French beans 	Creamy aubergine moussaka with garlic bread & garden salad	Vegetarian mince & vegetable pie with buttery mashed potato	Mozzarella melts & tomato salsa with French fries & baked beans
Alternative	Oven baked jacket potatoes with baked beans	Gnocchi with creamy mushroom & spinach sauce	Rocket & broad bean risotto	Chunky tomato & basil pasta	Five spice beef & sugar snap noodles
	Daily selection of wholemeal bread, simple salad option and cheese Daily selection of fresh fruit pots, fresh fruit and natural yoghurts				
Dessert	Natural yoghurt pots or fresh fruit pots	Steamed golden syrup sponge with custard	Natural yoghurt pots or fresh fruit pots	Cherry Bakewell tart with vanilla custard	Natural yoghurt pots or fresh fruit pots
Afternoon Snack	Vegetable samosas	Fresh honeydew melon slice	Chocolate chip cookies	Vegetable crudites	Pink iced sponge