

LUNCH

FOUNDED IN 1997
HOLROYD HOWE
 FEEDING INDEPENDENT MINDS

15th April

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Break	Fresh fruit and Biscuit	Cheese and Tomato Pizza Slice	Fresh fruit and Biscuit	Sausage roll	Fruity Friday
Main Meal	Beef Chilli Con Carne Served with Sour Cream and Tortilla Chips	Roast Gammon with Crispy Yorkshire Puddings and a Rich Gravy	Turkey, Sweetcorn and Ham Pot Pie	<u>Pasta bar</u> Tomato and Basil Sauce Creamy Chicken and Broccoli Sunflower Seed Pesto	<u>Wrap Station</u> Crispy Breaded Chicken Breaded Quorn Fillet Soft Tortilla Wrap Garlic Mayo BBQ Sauce
Meat Free	Tempura Battered Vegetables with a Sweet Chilli Sauce	Succulent Quorn Sausages Topped with Crispy Onions	Chunky Root Vegetable and Soya Mince Stew	Crispy Savoy Cabbage and Potato Cake Topped with a Fried Egg	Hoisin Sauce Curried Mayonnaise
Simple Option	Jacket Potato with Cheese & Baked Beans	Creamy Penne Pasta	Garlic and Herb Pasta	Jacket Potato with Cheese and Baked Beans	Warmed Salmon Niçoise Salad
Sides	Braised Rice Steamed Corn Roasted Aubergines	Cauliflower Cheese Roast Potatoes Steamed Peas	Creamy Mashed Potato Garlic Green beans Baton Carrots	Penne Pasta Sweetcorn Grilled Courgettes Garlic and Herb Focaccia	Chipped Potatoes Baked Beans Roasted Beets
Dessert of the Day	Vanilla Sponge Cake Served with Custard	Raspberry Ripple Cake	Carrot Cake with a Cream Cheese Icing	Classic Sprinkle Sponge	Chocolate Fudge Cake
Little Tea	Chocolate Oat Cake	Iced Orange Cake	Chocolate Cookie Sponge	Lemon Drizzle	Mixed Berry Crumble Slice

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22nd April

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Break	Fresh fruit and Biscuit	Cheese and Tomato Pizza Slice	Fresh fruit and Biscuit	Sausage roll	Fruity Friday
Main Meal	Hoisin Chicken and Broccoli Served with Prawn Crackers	Roast Pork Served with Apple Sauce and Yorkshire Puddings	Beef Lasagne Al forno Topped with a Cheddar Crunch	Hunters Chicken and Bacon Taco Bake Served with Sour Cream	<u>Fish Fridays</u> Breaded MSC Pollock Beef and Onion Pie
Meat Free	Thai Green Vegetable Curry Topped with Toasted Seeds	Quorn Sausage and Butternut Plait with a caramelised onion compote	Lentil and Ratatouille Stuffed peppers Topped with Mozzarella	Soya Mince and Mixed Bean Chilli	Cheese and Onion Pastry Chipped Potatoes Mushy Peas Tartar Sauce Curry Sauce
Simple Option	Jacket Potato with Cheese & Baked Beans	Creamy Cajun Pasta	Jacket Potato with Cheese & Baked Beans	Roasted Tomato Penne Pasta	Lemon Wedges
Sides	Sticky Rice Stir Fry Chinese Cabbage and Bean Sprouts Spring Rolls	Roast Potatoes Savoy Cabbage Garden Peas	Garlic and Herb Focaccia Steamed Broccoli Baton Carrots	Turmeric Rice Roasted Peppers and Onions Sweetcorn	Vegetarian Posh Dogs Accompanied with Crispy Onions and Mustards
Dessert of the Day	American Pancakes Served with Toffee Banana Sauce	Sticky Toffee Pudding Served with Cream	Strawberry Cheesecake	Pink Jam Slice	Chocolate Marble Cake
Little Tea	Cornflake Cake	Gingernut Slice	Vanilla Cookies	Apple and Pear Cake	Mini Doughnuts

LUNCH


FOUNDED IN 1997
HOLROYD HOWE
 FEEDING INDEPENDENT MENUS

29th April

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Break	Fresh fruit and Biscuit	Cheese and Tomato Pizza Slice	Fresh Fruit and Biscuit	Sausage Roll	Fruit platters (Pineapple, Melon, Oranges) & Biscuit
Main Meal	<p><u>Loaded Burrito</u></p> <p>Crispy Beef and Black Bean Or Cajun Chicken</p> <p>Quorn and Red pepper Stew</p>	<p>Roast Turkey Served with a Rich Gravy and Crispy Yorkshire Puddings</p>	<p>Creamy Chicken Korma Served with Naan Bread, Mint Rieta and Mango Chutney & Mini Poppadom's</p>	<p><u>Jacket Potato Station</u></p> <p>Smokey Pork Ragu</p> <p>Trio of Mushroom Stroganoff</p>	<p><u>Pizza Bar</u></p> <p>Double Pepperoni</p> <p>Classic Margarita Topped with Fresh Basil</p>
Meat Free	<p>Warmed Wraps</p> <p>Sour Cream</p> <p>Tomato Salsa</p>	<p>Goats Cheese, Roasted Tomato and Spinach Tart with a pesto drizzle</p>	<p>Chickpea Falafel Served with a Coriander & Pomegranate Salad</p>	<p>Lime and Coriander Tuna</p> <p>Baked Beans</p> <p>Grated Cheddar</p> <p>Coleslaw</p>	<p>Garlic Mayo</p> <p>BBQ Sauce</p> <p>Coleslaw</p>
Simple Option	<p>Jacket Potato with Cheese & Baked Beans</p>	<p>Tomato & Hidden Vegetable Pasta</p>	<p>Jacket Potato with Cheese & Baked Beans</p>	<p>Pesto Pasta</p>	<p>Salmon and Dill Fishcake</p>
Sides	<p>Golden Rice</p> <p>Charred Aubergine</p> <p>Sweetcorn</p>	<p>Roast Potatoes</p> <p>Broccoli</p> <p>Batton Carrots</p>	<p>Steamed Rice</p> <p>Seasoned Cauliflower</p> <p>Garden Peas</p>	<p>House Salad</p> <p>Green Beans</p> <p>Garlic Red Peppers</p>	<p>French fries</p> <p>Baked Beans</p> <p>Roasted Beets</p>
Dessert of the Day	<p>Apple Crumble Served with Custard</p>	<p>Chocolate and Orange Sponge</p>	<p>Banoffee Pie</p>	<p>Queen of Hearts</p>	<p>Chocolate Brownie</p>
Little Tea	<p>Rice Krispy Cake</p>	<p>Blackberry Sponge</p>	<p>All Butter Shortbread</p>	<p>Banana Loaf</p>	<p>Cinnamon Sponge and Brown Butter Frosting</p>

SUPPER

15th April

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast		Poached Egg Smoked Back Bacon Baked Beans	Fried Egg Pork Cumberland Sausage Toasted Baguette	Scrambled Egg Smoked Back Bacon Golden Syrup Pancakes	Waffles Served with a Selection of Savoury Toppings
Main Course One	Slow Cooked Beef and Red Wine Stew with Tagliatelle	Korean Fried Chicken Burger in a Soft Brioche Bun	Beef and Potato in a Crispy Puff Pastry	 Turkey Tikka Masala Served with Poppadom's and Mango Chutney	
Main Course Two	Caprese Stack (Beef Tomato, Mozzarella and Basil)	Mushroom Bulgogi Taco	Quorn Sausage Toad in a Hole with Caramelised Onions	Red lentil Dhal Topped with an Onion and Coriander Salad	
On the Side	Garlic Slice Parmesan and Rocket Salad Green Beans	Kimmichi Slaw Waffle Fries Steamed Broccoli	Garlic New Potatoes Garden peas Honey Glazed Carrots	Steamed Rice Curried Cauliflower Bombay Potatoes	
Dessert	Warm Blueberry Muffin	Chocolate Cake Bomb	Lemon Meringue Tart	Freshly Whipped Ice Cream with a Selection of Sweet Toppings	

SELECTION OF FRESHLY SALADS, CUT & WHOLE FRUITS

SUPPER


22nd April

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast		Scrambled Egg Smoked Back Bacon Golden Syrup Pancakes	Poached Egg Pork Cumberland Sausage Hash brown	Fried Egg Smoked Back Bacon Toasted Baguette	Friday fry Up
Main Course One	<u>Nacho Bar</u> Spicy Pork and Bean Stew Cheese Sauce Tomato and Black Olive Salsa Guacamole Sour Cream Grated Cheddar Tortilla Chips Jalapeno	<u>Bau Buns</u> Asian BBQ Pulled Pork with Crispy Spring onion and Coriander Salad Pan Fried Ginger and Chilli Asian Vegetable served with Pickled Radish	Garlic and Thyme Roast Chicken Drumstick	Beef and Mozzarella Pasta Bake	
Main Course Two			Root Vegetable and Lentil Wellington	Cheddar and Tomato Penne Bake	
On the Side			Egg Noodles Hoisin Roast Broccoli Selection of Dipping Sauces	Crispy Potato Wedges Classic Coleslaw Texan Beans	Garlic and Herb Slice Sea Salted Field Mushrooms Parmesan and Roquette Salad Skin on Roasted carrots
Dessert	Loaded Flapjack	Meringue Nest filled with Strawberries and cream.	Jam Doughnuts	Freshly Whipped Ice Cream with a Selection of Sweet Toppings	

SELECTION OF FRESHLY SALADS, CUT & WHOLE FRUITS

SUPPER

29th April

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast		Poached Egg Pork Cumberland Sausage Baked Beans	Fried Egg Smoked Back Bacon Toasted Baguette	Scrambled Egg Pork Cumberland Sausage Hash Brown	Friday fry Up
Main Course One	<u>Sausage Rolls</u> Chorizo and Caramelised Onion	Beef and Root Vegetable Cottage Pie		Mortadella, Roquette and Mozzarella Sandwich	
Main Course Two	Lamb Merguez Quorn and Stilton	Swede and Green Pepper Goulash	<u>Meat</u> Chicken Shawarma <u>Vegetarian</u> Mushroom Shawarma	Beef Tomato Bruschetta	
On the Side	French Fries Green Beans Selection of Mustards and Sauces	Creamy Mash Honey Roast carrots Lemon and Herb Roasted Cauliflower	Khobez Bread Garlic Sauce Lebanese Salad Saffron Rice Harissa Roasted Chickpeas	Crispy Fried Potatoes Sauté Tenderstem Broccoli Warmed Butternut, Spinach and Sunflower Seed Salad	
Dessert	Citrus Shortbread	Mango and Passionfruit Fool	Double Chocolate Chip Traybake	Freshly Whipped Ice Cream with a Selection of Sweet Toppings	

SELECTION OF FRESHLY SALADS, CUT & WHOLE FRUITS