







## Weeks beginning: 24<sup>th</sup> Feb & 16<sup>th</sup> March

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Jacket potato or sweet potato	Roast loin of pork	Jamaican jerk chicken	Pasta Bolognese	Breaded haddock
Second choice	Bean chilli 	Baked macaroni cheese	Vegetarian cottage pie 	Red pepper & pea frittata	Spinach & mushroom risotto
On The Side	Baked beans Cheese Garden peas Rice	Roast potatoes Roasted carrots Creamed cabbage	Jambalaya rice Spring greens Roasted squash	Garlic bread New potatoes Broccoli Sweet corn	Chunky oven chip Garden peas Baked beans
Dessert	Jam sponge & custard	Fresh cut fruit & yoghurt	Chocolate mousse	Fresh cut fruit & yoghurt	Ginger cake & custard
Everyday	Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt
Afternoon snack	Fresh cut fruit	Marble cake	Pizza Margarita	Coconut flapjack	Crudities & hummus

Salad bar selection available daily as an alternative  
 If you have an allergy please let a member of staff know so we can help  
 Menus subject to change and availability



## Weeks beginning: 2<sup>nd</sup> March & 23<sup>rd</sup> March

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Herby oven baked sausages	Katsu chicken	Harissa spiced lamb	Beef & lentil lasagne 	Breaded white fish fingers
Second choice	Crispy tofu noodle stir fry 	Pepper, bean & cheese quesadilla	Roasted vegetable & pesto pasta	Potato, egg & vegetable rosti	Vegetable biriyani
On The Side	Mashed potato Baked beans Greens	Coconut rice Potato wedges Sweet corn & peas Roasted cauliflower	Tortilla wraps Roasted new potatoes Broccoli Peppers	Garlic bread Crispy kale Baked beetroot	Chunky oven chips Garden peas Baked beans
Dessert	Rice pudding & strawberry sauce	Fresh cut fruit & yoghurt	Bakewell tart	Fresh cut fruit & yoghurt	Date & toffee pudding
Everyday	Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt
Afternoon snack	Fresh cut fruit	Chocolate brownie	Crudities & hummus	Pink Iced sponge	Homemade focaccia & balsamic oil

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FOUNDED IN 1997




HOLROYD HOWE

FEEDING INDEPENDENT MINDS



Heath Mount School

## Weeks beginning: 9<sup>th</sup> March

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	BBQ chicken pieces	Slow cooked Beef brisket	Roasted tomato, lentil & basil pasta 	Lemon & herb grilled chicken	Beef burgers in mini buns
Second choice	Quorn & bean hot pot 	Vegetarian bolognaise	Squash & thyme quiche	Cauliflower, tofu & sweet potato curry 	Mushroom & haloumi stack
On The Side	Mexican rice Peppers Roasted florets	Roasted new potatoes Roasted baby carrots Pan fried leeks	Penne pasta Sautee potatoes Garlic bread Broccoli	Mashed potatoes Rice Garden peas Grilled courgettes	French fries Sweet corn Baked beans
Dessert	Apple & blackberry crumble & custard	Fresh cut fruit & yoghurt	Rice krispie cake	Fresh cut fruit & yoghurt	Chocolate sponge & chocolate sauce
Everyday	Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt
Afternoon snack	Pizza Margherita	Chocolate cookies	Fresh cut fruit	Lemon drizzle cake	Crudities & hummus

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