





Weeks beginning: 2nd Sept, 23rd Sept & 14th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Mild chilli & bean con carne 	Roast loin of pork	Jacket potato or sweet potato	Creamy chicken & broccoli pasta	Breaded haddock
Second choice	Vegetarian cottage pie	Baked macaroni cheese	Quorn & chickpea stew 	Red pepper & pea frittata	Spinach & mushroom risotto
On The Side	Steamed rice Broccoli Baked swede	Roast potatoes Carrots Creamed cabbage	Baked beans Cheese Peas	Garlic bread New potatoes Green beans Roasted squash	Chunky oven chip Garden peas Baked beans
Dessert	Apple & blackberry crumble & custard	Fresh cut fruit & yoghurt	Chocolate mousse	Fresh cut fruit & yoghurt	Date & toffee pudding
Everyday	Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt
Afternoon snack	Fresh cut fruit	Coconut flapjack	Corn bread	Banana cake	Crudities & hummus

Salad bar selection available daily as an alternative
 If you have an allergy please let a member of staff know so we can help
 Menus subject to change and availability





Weeks beginning: 9th Sept & 30th Sept

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Herby oven baked sausages	Keema lamb curry	Roast breast of turkey	Beef & lentil lasagne with a cheesy top 	Breaded white fish fingers
Second choice	Crispy tofu noodle stir fry	Pepper, bean & cheese quesadilla	Roasted vegetable & pesto pasta	Meat free sausage bake	Vegetable biriyani
On The Side	Mashed potato Baked beans Curly kale	Steamed rice Potato wedges Sweet corn Spring greens	Roast potatoes Broccoli Mashed swede	Garlic bread Green beans Baked beetroot	Chunky oven chips Garden peas Baked beans
Dessert	Rice pudding & strawberry sauce	Fresh cut fruit & yoghurt	Citrus tart	Fresh cut fruit & yoghurt	Chocolate sponge & chocolate sauce
Everyday	Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt
Afternoon snack	Cheese & courgette bread	Chocolate brownie	Crudities & hummus	Pink Iced sponge	Fresh cut fruit

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Weeks beginning: 16th Sept & 7th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	BBQ chicken drumsticks	Honey roast gammon	Roasted tomato, lentil & basil pasta 	Salmon & chive fishcakes	Beef burgers in soft wholemeal bun 
Second choice	Quorn & bean hot pot	Vegetarian bolognese	Squash & thyme quiche	Cauliflower & sweet potato curry	Mushroom & haloumi stack
On The Side	Steamed rice Garden peas Peppers	Roast potatoes Carrots Leeks	Penne pasta Sautee potatoes Garlic bread Broccoli	New potatoes Rice Green beans Mashed carrots	French fries Sweet corn Baked beans
Dessert	Lemon sponge & custard	Fresh cut fruit & yoghurt	Vanilla cheesecake	Fresh cut fruit & yoghurt	Ginger cake & custard
Everyday	Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt
Afternoon snack	Crudities & hummus	Carrot cake	Fresh cut fruit	Chocolate cookies	Pizza Margherita

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