

# Menu

## BOARDING WEEK 1

### Monday

Baked American honey mustard Chicken  
Or breaded Quorn pieces  
Corn on the cob, Sweet potato fries

### ½ Measures marble loaf

Breakfast Bap: Hash brown, egg, sausage or flat mushroom with cheese

### Tuesday

Mac & cheese with spinach  
Bacon lardons, Roasted tomatoes  
Super food broccoli & baked butternut  
Garlic Focaccia

### Strawberries & ice cream

Smoked Mackerel, Poached egg & Grilled tomato

### Wednesday

Pulled pork, BBQ sauce  
Mashed potato  
Roasted glazed carrots, Garden peas

### Banana bread

French toast & cinnamon sugar

### Thursday

Pasta Bar: Tomato or cream base sauce  
Mushrooms, ham, chicken olives, herbs, parmesan  
Roasted vegetables, Garlic bread & Mixed salad

### Fruit salad whipped cream

American pancakes, crispy bacon, maple syrup, blueberries



# Menu

## BOARDING WEEK 2

### Monday

*Spiced Lamb*

*Mediterranean Vegetable and halloumi kebab*

*Pita bread, onion, cabbage, tomato, chilli sauce & mint yoghurt*

*½ measures white Chocolate Blondie*

*Breakfast Pastry, wholemeal petit pain, overnight oats*

### Tuesday

*Chinese Buffet*

*Chicken sweet & sour Chow-Mein noodles*

*Egg fried rice, Vegetable ginger stir fry & Prawn Crackers*

*Banana or apple fritters*

*Scrambled eggs, Smoked salmon & cream cheese bagels*

### Wednesday

*White fish fillet in batter or Vegetable Nuggets*

*Cajun paprika Potato wedges & Crushed minted Peas*

*Ice lolly or choc ice*

*Potato waffle, fried egg, baked beans*

### Thursday

*Beef or Bean Chilli Tacos*

*Grated cheese, shredded lettuce, salsa & sour cream*

*Jacket potato & mixed salad*

*Baked Apple with Cinnamon, raisins*

*Sausage & plum tomato*



# Menu

## BOARDING WEEK 3

### Monday

*Chicken fajita or mushroom and pepper fajita*

*Sweet potato wedges*

*Salsa & Green beans*

### Fruit & marshmallow kebab with honey yoghurt dip

*Baked Beans, Fried bread, Hash browns, mushrooms (v) in-house raspberry yoghurt*

### Tuesday

*Chef's choice Pizza & Margarita pizza*

*Mixed salad*

*Cucumber & carrot crudites Thousand island dip/hummus*

### Peaches & cream / fruity jelly

*Boiled eggs & soldiers with Bacon*

### Wednesday

*Tuna & sweetcorn pasta bake or Broccoli and Spinach pasta bake*

*Red pepper & sugar snaps*

*Dough balls with garlic butter*

### Chocolate sponge & chocolate custard

*Mount muffin, sausage patty and poached egg*

### Thursday

*Gammon Ham & fried egg or Double Egg & chips/grilled chicken*

*Griddled pineapple*

*Roasted Mediterranean vegetables*

### Rice pudding

*Savoury courgette & feta muffin, fruity overnight oats, toast & cereals*

