

ON THE MENU

10th Novemebr

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Scrambled Eggs & Whole meal Toast	Cereal & Toast Hash Browns & Poached Eggs	Cereal & Toast Sausage Pattie Baguette	Cereal & Toast Porridge & Berries	Cereal & Toast American Pancakes with Banana
MAIN MEAL	Beef Chilli and Rice With Tortilla Chippis & Sour Cream	Toad in the Hole Best of British Sausages wrapped in a Yorkshire pudding blanket.	Noodle Bar Chicken Chow Mein Hoisin Beef Sweet and Sour Vegetable Prawn Crackers	Chicken Fajita Tortilla Wrap Sour Cream, Salsa Guacamole , Jalapenos	Fish Goujons Tartar Sauce Lemon Wedge French Fries
MAIN MEAL	Butternut Squash, Cauliflower, Chickpea Tagine with Cous Cous	Macaroni and Cheese		Quorn Vegetable Fajita	Bubble and Squeak Fried Egg topped with Crispy Onions
SIMPLE CHOICE	Jackets Beans and Cheese	Jacket Potato	Jackets Cheese & Coleslaw	Pasta & Rich Tomato Sauce	
SIDES	Roasted Aubergine Steamed Green Beans	Roasted Root Vegetables Peas	Vegetable Stir Fry Peas	Sweetcorn Baked Courgettes	Baked Beans Mushy Peas
DESSERT	Date Sponge & Custard	Rice Pudding with a Jam Sauce	Jelly & Yoghurt	Reduced Sugar Chocolate Cake	Yoghurt & Fresh Fruit
LITTLE TEA	Cheese & Crackers	School Sponge	Vegetable Sticks, Hummus & Bread Sticks	Fresh Fruit Platter	Cheese Puffs

ON THE MENU

17th November

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereal & Toast Baked Beans	Cereal & Toast American Pancakes with Banana	Scrambled Eggs & Whole meal Toast	Cereal & Toast Porridge & Berries	Cereal & Toast Sausage Pattie Baguette
MAIN MEAL	Vietnamese Sticky Pork Soy Fried Noodles Prawn Crackers	Rich Steak and Onion Pie Buttered Mash Gravy	Pasta Bar Carbonara Arrabiata Garlic Bread	Chicken Tikka Masala Braised Rice Poppadom	Pepperoni Pizza Margherita Pizza French Fries
MAIN MEAL	Vietnamese Sticky Quorn	Butternut Squash, Leek and Mushroom Pie		Vegetable Dansak Mint Raita & Mango Chutney	
SIMPLE CHOICE	Jacket Potato Beans & Cheese	Wholewheat Pasta in Tomato & Cream Sauce	Jacket Potato Tuna & Cheese	Wholewheat Pesto Pasta	Salmon and Dill Fishcake
SIDES	Stir Fry Asian Greens Roasted Corn	Honey Parsnip Carrots	Steamed Broccoli Sweetcorn	Rosted Cauliflower Green Beans	Baked Beans Peas
DESSERT	No Sugar Carrot Cake	Yoghurt & Fresh Fruit	Jelly & Yoghurt	Apple Crumble Custard	Yoghurt & Fresh Fruit
LITTLE TEA	Vegetable Sticks, Hummus & Pitta	Reduce Sugar Cookie	Cheese & Crackers	Fresh Fruit Platter	Cream Cheese & Cucumber pinwheels