

# LUNCH

16<sup>th</sup> March

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Cereal & Toast Scrambled Egg	Pancakes & Bananas	Porridge with a Blueberry compote and Honey	Bacon and Beans	Mixed Fruit
<b>MAIN MEAL</b>	Lemon & Herb Chicken Scented Rice Red Pepper & Mango Salsa	Honey Glazed Gammon  Lyonnais Potatoes  Gravy	Jacket Potato Bar  Chicken in a Rich Tomato Sauce  Beef Chilli	British Beef Lasagne Served with Garlic Bread Slice	Fish Goujons  French Fries Wraps
<b>MAIN MEAL</b>	Halloumi Roasted Vegetables Cous Cous	Pumpkin & Mushroom Wellington	Tuna Mayonnaise Baked Beans Cheese	Creamy Mushroom & Spinach Risotto	Tomato & Mascarpone Gnocchi
<b>SIMPLE CHOICE</b>	Jacket Potato Beans & Cheese	Pesto Pasta	Pasta with a Tomato and Basil Sauce	Jacket Potato Beans & Cheese	Pasta in a Tomato Sauce
<b>SIDES</b>	Green Beans Sweet Peppers	Glazed Carrots Sautee Savoy Cabbage	Creamed Leeks Peas	Spiced Baked Aubergine Steamed Broccoli	Baked Beans Sweetcorn
<b>DESSERT</b>	Fresh Fruit Yoghurt	Lemon & Blueberry Cake	Jelly Fresh Yoghurt	Apple Crumble And Custard	Fresh Fruit Platter Yoghurt
<b>LITTLE TEA</b>	Rice Crispy Cake	Fresh Fruit Platter	Crudities & Houmous Breadsticks	Fresh Fruit	Cheese & Biscuits

# LUNCH

23<sup>rd</sup> March

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Hash Brown & Baked Beans	Pancakes & Bananas	Sausage & Eggs	Cheese on Toast	Bacon Sandwich
<b>MAIN MEAL</b>	Handmade Teriyaki Beef with Egg noodles	Shepherd's Pie Lamb Mince topped with Creamy mash Potato and served with Gravy	Pasta Bar Chicken Alfredo British Beef Bolognaise Tomato & Basil Basil Pesto	Pulled Pork Barbacoa Tacos Potato Wedges Sour Cream, Salsa Guacamole, Jalapenos	Linda's Homemade pizza's Pepperoni or Margherita French Fries
<b>MAIN MEAL</b>	Teriyaki Vegetables With Soy Fried Noodles	Quorn Cottage Pie Quorn mince topped with Creamy Mashed Potato and served with Gravy		Jackfruit Barbacoa Taco	Penne Pasta with a Tomato sauce
<b>SIMPLE CHOICE</b>	Jacket Potato Beans & Cheese	Pasta Tomato and Red Pepper Sauce	Jacket Potato Beans & Cheese	Mac and Cheese	Smoked Haddock & Spring Onion Fishcake
<b>SIDES</b>	Stir Fry Chinese Cabbage Roasted Broccoli	Honey Carrots Roast Parsnips	Sweetcorn Creamed Spinach	Garlic Green Beans Roasted Red Peppers	Baked Beans Sweetcorn
<b>DESSERT</b>	Fresh Fruit Yoghurt	Peach & Cherry Crumble with Custard	Jelly & Yoghurt	Fruit Yoghurt	HMS Brownie
<b>LITTLE TEA</b>	Reduced Sugar Vanilla Cookie	Fresh Fruit Platter	Crudities Breadstick Houmous	Carrot Cake	Fresh Fruit

# LUNCH

9<sup>th</sup> March

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Cereal & Toast Porridge & Honey	Beans & Hash Brown	Pancake & Compote	Sausage Rolls	Beans on Toast
<b>MAIN MEAL</b>	Pork Meatballs  Braised Rice  Flatbread Harissa Tzatziki Hummus	<u>Noodle Bar</u>  Sweet & Sour Chicken  Black Bean Beef	Sausage Plait and Mashed Potato  British Pork Sausage Plait with Creamy Mashed Potato and a homemade Red Onion Chutney	Chicken Korma  Braised Rice  Poppadom, Mango Chutney, Mint Raita	Breaded Fish of the day  Tartar Sauce  Lemon Wedge  French Fries
<b>MAIN MEAL</b>	Stuffed Pepper or Vegetarian Meatballs	Thai Red Vegetable Curry Prawn Crackers	Farm Fresh Vegetarian Sausage	Vegetable Madras	Cheese and Onion Pasty
<b>SIMPLE CHOICE</b>	Tuna Sweetcorn Pasta	Jacket Potato Tuna & Cheese	Pasta & Rich Tomato Sauce	Jacket Potato Tuna and Cheese	Pesto Pasta
<b>SIDES</b>	Roasted Butternut Squash Steamed Green Beans	Roast Broccoli Glazed Carrots	Peas Baked Beans	Spiced Baked Cauliflower Sautee Courgettes	Mushy Peas Baked Beans
<b>DESSERT</b>	Fresh Fruit Platter Yoghurt	Jam & Coconut Sponge And Custard	Jelly & Yoghurt	Fruit Platter Yoghurt	Chocolate Sponge Cake
<b>LITTLE TEA</b>	Marble Cake	Fresh Fruit	Crudities, Pitta & Hummus	Oat & Date Bar	Cheese & Crackers