

# LUNCH

21st April

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Morning Break</b>	Fresh Fruit & Biscuits	Pan Au Chocolate	Fresh Fruit & Biscuits	Pizza Slice	Fruit Smoothie & Biscuit
<b>Main Meal</b>	<u>PASTA BAR</u> Creamy Chicken & Broccoli Sauce A Rich Beef Ragu	Lemon & Herb Roasted Turkey Served with Sage & Onion Stuffing Balls and Yorkshire Pudding Finished with a Rich Gravy	Pork Chipotle Chilli Served With Nachos and Avocado Crema	Japanese Katsu Style Chicken Curry Served With Fragrant Coconut Rice	Breaded Pollock served with Homemade Tartar Sauce
<b>Meat Free</b>	Roasted Red Pepper & Tomato Sauce Homemade Mixed Seed Pesto	Roasted Vegetable & Chickpea Tagine served with Fluffy Cous Cous	Spiced Mixed Bean Mexican Stew	Pea & Mint Risotto	Beetroot & Feta Burger Served with Sliced Tomato In A Soft Brioche bun
<b>Simple Option</b>	Jacket Potato Beans & Cheese	Pasta & Tomato basil sauce	Jacket Potato Beans & Cheese	Creamy Pesto Pasta	Pasta & Tomato Basil Sauce
<b>Sides</b>	Glazed Carrots Garden Peas	Roasted New Potato Buttered Cabbage Sauté Broccoli	Braised Rice Roasted Peppers Steamed corn	Turmeric Roasted Cauliflower Green Beans	Seasoned Fries Baked Beans Mushy Peas
<b>Dessert of the Day</b>	Apple & Raspberry Crumble Cream	Tottenham Cake	Syrup Sponge & Custard	Chocolate Chip Slice	Carrot Cake
<b>Little Tea</b>	Cornflake Traybake	Vanila Shortbread	Iced lemon Slice	Berry Crumble slice	Mini Doughnut

# LUNCH

28<sup>st</sup> April

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Morning Break</b>	Fresh Fruit & Biscuits	Pizza	Fresh Fruit & Biscuits	Pan Au Chocolate	Fruit Smoothie
<b>Main Meal</b>	<u>JACKET BAR</u> Classic Beef Chilli Creamy Mushroom Stroganoff Spring Onion Tuna Mayo	Roasted Pork Loin Served With a Sticky Sweet Miso Glaze	Creamy Chicken & Leek Pie Topped with a Buttery Puff Pastry served with Gravy	Meatballs in a Rich Tomato Sauce Served on a bed of Spaghetti	Cumberland Sausage Hot Dog Served with Caramelised Onion & Sweetcorn Relish
<b>Meat Free</b>	Crispy Onion Beans & Cheese	French Onion Tart With A Peppery Rocket Salad	Spinach & Ricotta Lasagne	Vegetable Enchilada	Creamy Fish Pie Topped with Mash
<b>Simple Option</b>	Pasta & Soya Bolognaise	Pasta & Rich Tomato Sauce	Jackets Beans & Cheese	Creamy Pasta	Pasta & Tomato Basil
<b>Sides</b>	Glazed Carrots Peas	Spiced Roasted New Potatoes Sauté Savoy Cabbage Sweetcorn	Buttery Mash Peas Roasted Butternut Squash	Green Beans Pesto Carrots	French Fries BBQ Beans Sweetcorn
<b>Dessert of the Day</b>	Vanilla Sponge With Berry Compote & Whipped Cream	Lemon Meringue Slice	Chocolate Pear Crumble with Custard	Sprinkle Cake	Heathmount Brownie
<b>Little Tea</b>	Crispy Cake	Orange Shortbread	Chocolate Flapjack	Berry Crumble slice	Mini Doughnut

# LUNCH

5<sup>th</sup> May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Morning Break</b>	Fresh Fruit & Biscuits	Pan Au Chocolate	Fresh Fruit & Biscuits	Fruit Smoothie & Biscuit	Pizza Slice
<b>Main Meal</b>	Sweet & Sour Chicken Served With Rice & Prawn Crackers	<u>Heathmount Meatloaf</u>  Sausage Meat Roasted with a Sweet Sticky Glaze	Beef Burrito Bowl  Served with Tomato Salsa Guacamole Crushed Nachos	Classic Mac & Cheese  Or  Mac & Cheese Topped with Crispy Bacon  Crispy Onions	<u>Wrap Day</u>  Buttermilk Chicken Tenders  Quorn Fillet  Served in a Wrap with
<b>Meat Free</b>	Grilled Vegetable Wrap	Roasted Vegetable Gnocchi with a Rocket & Balsamic Salad	Quorn Burrito Bowl	Vegetable & Paneer Curry Served With Poppadum's	Spicy Mayo, BBQ Sauce, Hot Sauce & shredded Lettuce
<b>Simple Option</b>	Pasta & Tomato Basil Sauce	Jacket Potato  Beans & Cheese	Pasta & Creamy Pesto sauce	Jacket Potato Beans & Cheese	Pasta & Tomato Basil Sauce
<b>Sides</b>	Roasted Broccoli Sweetcorn	Buttery Mash Green Beans Honey Glazed Carrots	Savoury Rice  Steamed Corn  Peppers & Courgette	Pesto Coated Cauliflower Peas	French Fries  Baked Beans  Steamed Corn
<b>Dessert of the Day</b>	Coconut Jam Sponge & Custard	Orange Drizzle	Hummingbird Cake	Chocolate Chip Sponge Squares	Caramel Brownie Bites
<b>Little Tea</b>	Fruity Flapjack	Vanila Shortbread	Mini Doughnut	Banana Chocolate slice	Rice Krispy Cake

# SUPPER

21<sup>st</sup> April

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast

Grilled Bacon  
Scrambled Egg  
Pancakes & Maple Syrup

Chipolata Pork  
Poached Egg  
Buttered Crumpet

Belgium Waffle    Yoghurt  
Honey  
Mixed Seeds  
Fresh Berry Compote

Friday Fry Up

Main Course  
One

Swedish Style Meatballs  
in a Rich Creamy  
Mustard Sauce

"Mac & Cheese"  
Topped With Crispy  
Onions & Golden Panko  
Crumb  
Crispy Bacon

Cheesy BBQ Chicken Rice  
topped with Chorizo

Rich Beef Mince Topped  
With Herby Diced Potato

Main Course  
Two

Summer Ratatouille

Stuffed Portobello  
Mushroom

Spicy Vegetable Burger

Cheese And Potato Pie

On the Side

Buttered Mash  
Sauté Red Cabbage  
Peas

Sweet Corn  
Herby Carrots

Steamed Broccoli

Green Beans  
Roasted Cauliflower

Dessert

Caramel Banana Slice

Thumb Cookie

Berry Muffins

Chocolate Fudge Slice

SELECTION OF FRESHLY CUT & WHOLE FRUITS

# SUPPER

28 <sup>th</sup> April	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast		Belgium Waffle Yoghurt Honey Mixed Seeds Fresh Berry Compote	Buttered breakfast Crumpet Sausage Pattie & Egg Egg & Cheese	Grilled Bacon Scrambled Egg Pancakes & Maple Syrup	Friday Fry Up
Main Course One	Heathmount Homemade Burger, Served in a Brioche Bun With Burger Relish	Pasta Bar & Garlic Slice Carbonara Sauce or Tomato & Hidden Vegetable	Greek Style Pork Skewers, Perfectly Marinated served with Pitta	Korean Fried Chicken With A sweet Chilli Sauce	
Main Course Two	Mushroom Halloumi Burger	Summer Vegetable Sauce	Vegetable Kebab	Crispy Cauliflower Wings	
On the Side	Waffle Fries	Green Beans	Herby Cous Cous	Pan Fried Noodles	
	Sweet corn	Roasted Carrots	Vibrant Salad and a Tzatziki Sauce	Stir-fry Vegetables	
Dessert	Fruit Skewers With Honey & Yoghurt Dipping Sauce	Rice Pudding With Strawberry Jam	White Chocolate Muffins	Berry Coconut Squares	
SELECTION OF FRESHLY CUT & WHOLE FRUITS					

# SUPPER

5<sup>th</sup> May

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Breakfast**

Loaded Croissants  
Ham & Cheese  
Cheese & Tomato

Chipolata Pork  
Poached Egg  
Buttered Crumpet

Thursday Fry Up

Belgium Waffle Yoghurt  
Honey  
Mixed Seeds  
Fresh Berry Compote

**Main Course One**

Hunters Chicken Served  
with Fresh Salad &  
Homemade wedges

Lamb Koftas Served with  
Pitta And Turmeric  
Yoghurt

Pasta Bar & Garlic Bread  
Bolognaise

Meatballs in a fragrant  
Thai Yellow Curry Sauce  
Served with Prawn  
Crackers

**Main Course Two**

Seasonal Vegetable Pasta

Cauliflower Pakoras

Creamy Cheese Sauce

Cauliflower Potato & Chick  
Pea Curry

**On the Side**

Broccoli  
Steamed Corn

Cous Cous Salad  
Peas

Paprika Roasted Sweet  
Potato  
Sacy Cabage

Coconut Rice  
Green Beans

**Dessert**

Oat & Raisin Cookies

Chocolate Toffee Pots

Caramel Muffins

Citrus Crispy Bar

SELECTION OF FRESHLY CUT & WHOLE FRUITS