








Week One - Lunch Menu - W/B 6th June

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Jerk chicken thigh with coconut & lime rice & greens	Macaroni cheese with broccoli & garlic bread 	Roast loin of pork with crispy roast potatoes, carrots & gravy	Meatballs served in a tomato & basil sauce with fusilli pasta & sugar snap peas	Crispy breaded haddock with chunky chips & garden peas
Main Course 2	Vegetarian cottage pie with creamy mashed potato top 	Chorizo, pepper & bean burrito with cajun wedges	Sundried tomato, mushroom & basil quiche with grilled courgettes	Smokey chickpea & sweet potato chilli with vegetable rice 	Mushroom, haloumi & red pepper stack with iceberg salad
Alternative	Pasta with roasted vegetable ratatouille	Oven baked jacket potato with tuna mayo	Pasta with creamy tender stem broccoli & garlic	Oven baked jacket potato with beans & cheese	Broad bean, butternut squash & pesto risotto
	Daily selection of wholemeal bread, simple salad option and cheese Daily selection of fresh fruit pots, fresh fruit and natural yoghurts				
Dessert	Natural yoghurt pots or fresh fruit pots	Chocolate sponge & chocolate custard	Natural yoghurt pots or fresh fruit pots	Sticky date & toffee pudding with toffee sauce	Natural yoghurt pots or fresh fruit pots
Afternoon Snack	Oat and cinnamon cookies	Fresh watermelon slice	Margherita pizza	Vegetable crudites & homemade hummus	Citrus drizzle cake

Week Two - Lunch menu - W/B 13th June

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Cumberland sausage with creamy mashed potato & baked beans	BBQ beef & bean chilli with peas, vegetable rice & tortilla chips 	Tomato, lentil & basil penne pasta with garlic bread & green salad 	Chicken & pepper fajitas with roasted new potatoes & broccoli	Margherita pizza with skinny fries & sweetcorn
Main Course 2	Quorn sausages with roasted onions & sauteed winter greens 	Bubble & squeak cake topped with fried egg	Salmon & pea risotto with roasted butternut squash	Roasted aubergine katsu with sticky rice 	Fishcake with skinny fries & coleslaw
Alternative	Pasta with cherry tomatoes & basil pesto	Oven baked jacket potatoes with beans & cheese	Crispy sliced potato filled with creamy chicken & mushrooms	Pasta with tuna, sweetcorn & herbs	Mixed vegetable paella
	Daily selection of wholemeal bread, simple salad option and cheese Daily selection of fresh fruit pots, fresh fruit and natural yoghurts				
Dessert	Natural yoghurt pots or fresh fruit pots	Apple & blackberry crumble with custard	Natural yoghurt pots or fresh fruit pots	Ginger sponge with vanilla custard	Natural yoghurt pots or fresh fruit pots
Afternoon Snack	Healthy eating week Wholemeal fruit bread	Healthy eating week Fresh fruit slices	Healthy eating week Carrot & courgette cake	Healthy eating week Crudities, bean dip & hummus	Healthy eating week Chocolate & beetroot brownie

Week Three – Lunch Menu – W/B 20th June

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Chicken, broccoli & pesto pasta served with rosemary focaccia 	Pork katsu curry with sticky rice & sweet corn	Roast Turkey with crispy roast potatoes, carrots & gravy	Cheesy beef & lentil lasagne with garlic bread & garden salad 	Fish fingers with French fries & garden peas
Main Course 2	Chickpea, sweet potato & spinach curry with rice 	Mushroom, lentil & broccoli wellington with herby diced potatoes & French beans	Sweet corn, bean & cheese quesadilla with cajun rice	Edamame bean cous cous with feta cheese & herbs & mage tout 	Vega quorn nuggets & tomato salsa with baked beans
Alternative	Oven baked jacket potatoes with baked beans & cheese	Pasta with chunky tomato & basil sauce	Pasta with creamy mushroom & spinach sauce	Oven baked jacket potatoes with tuna mayo	Vegetable & lentil biriyani
	Daily selection of wholemeal bread, simple salad option and cheese Daily selection of fresh fruit pots, fresh fruit and natural yoghurts				
Dessert	Natural yoghurt pots or fresh fruit pots	Steamed golden syrup sponge with custard	Natural yoghurt pots or fresh fruit pots	Cherry bakewell tart with vanilla custard	Natural yoghurt pots or fresh fruit pots
Afternoon Snack	Vegetable samosas	Fresh honeydew melon slice	Chocolate chip cookies	Vegetable crudites & homemade hummus	Pink iced sponge