

## LUNCH



	21 <sup>st</sup> April	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Morning Break	Bacon & Scrambled Egg	Cheese on Toast	Pancakes & Maple Syrup	Pain au Chocolate	Sausage Bagels	
	Main Meal	PASTA BAR  Creamy Chicken &  Broccoli Sauce	Turkey Served with Sage & Onion Stuffing Balls and Yorkshire Pudding Finished with a Rich Gravy	Pork Chilli Served With Nachos and Avocado Crema	Japanese Katsu Style Chicken Curry Served With Fragrant Coconut Rice	Breaded Pollock served with Homemade Tartar Sauce	
	Meat Free	A Rich Beef Ragu  Roasted Red Pepper &  Tomato Sauce  Homemade Mixed Seed  Pesto	Roasted Vegetable & Chickpea Tagine served with Fluffy Cous Cous	Spiced Mixed Bean Mexican Stew	Pea & Mint Risotto	Beetroot & Feta Burger Served with Sliced Tomato In A Soft Brioche bun	
\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Simple Option	Jacket Potato Beans & Cheese	Pasta & Tomato basil sauce	Jacket Potato Beans & Cheese	Creamy Pesto Pasta	Pasta & Tomato Basil Sauce	**
	Sides	Glazed Carrots Garden Peas	Roasted New Potato Buttered Cabbage Sauté Broccoli	Braised Rice Roasted Peppers Steamed corn	Turmeric Roasted Cauliflower Green Beans	Seasoned Fries Baked Beans Mushy Peas	
	Dessert of the Day	Yoghurt & Fresh Fruit	Jam & Coconut Sponge	Jelly & Fresh Fruit	Apple Crumble & Custard	Yoghurt & Fresh Fruit	
	Little Tea	Rice Krispie Cake	Fresh Cut Fruit	Vegetable Sticks & Pitta	Fresh Cut Fruit	Chocolate Chip Cookie	



## LUNCH

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	28 <sup>th</sup> April	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
1	Breakfast	Bacon Roll	Pancakes Berry Compote	Beans & Potato Waffles	Blueberry Muffins	Croissant		
	Main Meal	JACKET BAR  Classic Beef Chilli  Creamy Mushroom  Stroganoff	Roasted Pork Loin Served With a Sticky Sweet Honey Glaze	Creamy Chicken & Leek Pie Topped with a Puff Pastry served with Gravy	Meatballs in a Rich Tomato Sauce Served on a bed of Spaghetti	Cumberland Sausage Hot Dog Served with Caramelised Onion & Sweetcorn Relish		
	Meat Free	Spring Onion Tuna Mayo Crispy Onion Beans & Cheese	French Onion Tart With A Peppery Rocket Salad	Spinach & Ricotta Lasagne	Vegetable Enchilada	Creamy Fish Pie Topped with Mash		
	Simple Option	Pasta & Soya Bolognaise	Pasta & Rich Tomato Sauce	Jackets Beans & Cheese	Creamy Pasta	Pasta & Tomato Basil		
	Sides	Glazed Carrots Peas	Spiced Roasted New Potatoes Sauté Savoy Cabbage Sweetcorn	Buttery Mash Peas Roasted Butternut Squash	Green Beans Pesto Carrots	French Fries  BBQ Beans  Sweetcorn		
	Dessert of the Day	Yoghurt & Fresh Fruit	Sprinkle Cake	Jelly & Fresh Fruit	Sweet Waffles served with Toppings	Yoghurt & Fresh Fruit		
1	Little Tea	Flapjack	Fresh Cut Fruit	Vegetable Sticks & Pitta	Fresh Cut Fruit	Chocolate Brownie		



## LUNCH

5 <sup>th</sup> May	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Pancakes with Fruit Toppings	Cheese on Toast	Blue Berry Muffin	Beans & Potato Waffles	Pain Au Choc
Main Meal	Sweet Chilli Chicken Served With Rice & Prawn Crackers	Heathmount Meatloaf Sausage Plait roasted with a Sweet Sticky Glaze	Beef Burrito Bowl Served with Tomato Salsa Guacamole Crushed Nachos	Classic Mac & Cheese Or Mac & Cheese Topped with Crispy Bacon Crispy Onions	Wrap Day  Buttermilk Chicken  Tenders  Quorn Fillet  Served in a Wrap with
Meat Free	Stir Fri Vegetable Noodles	Roasted Mushroom Gnocchi with a Rocket & Balsamic Salad	Quorn Burrito Bowl	Vegetable & Paneer Curry Served With Poppadum's	Spicy Mayo, BBQ Sauce, Hot Sauce & shredded Lettuce
Simple Option	Pasta & Tomato Basil Sauce	Jacket Potato Beans & Cheese	Pasta & Creamy Pesto sauce	Jacket Potato Beans & Cheese	Pasta & Tomato Basil Sauce
Sides	Roasted Broccoli Sweetcorn	Buttery Mash Green Beans Honey Glazed Carrots	Savoury Rice Steamed Corn Peppers & Courgette	Pesto Coated Cauliflower Peas	French Fries  Baked Beans  Steamed Corn
Dessert of the Day	Yoghurt & Fresh Fruit	Sticky Toffee Pudding & Custard	Jelly & Fresh Fruit	Vanilla Slice	Yoghurt & Fresh Fruit
Little Tea	Lemon Cake	Fresh Cut Fruit	Vegetable Sticks & Pitta	Fresh Cut Fruit	Short Bread