

Menu - Week One

HOLROYD HOWE

FOUNDED IN 1997
FEEDING INDEPENDENT MINDS

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Pain Au Chocolate	Cheese Twist	Pork Sausage Roll	Margarita Pizza Slice	Fruity Friday
Main Course & Vegetarian	Pork, beef and marmite or vegan sausages with Gravy	Mild Thai chicken curry with prawn crackers	Roast chicken with gravy	Traditional Beef Lasagne	Breaded fish of the day with tartar sauce
		Cauliflower & Pineapple Curry	Vegetarian Wellington	Herby Gnocchi	Tempura veg with sweet chilli sauce
Sides	Mashed Potatoes Peas Creamed Leeks	Coconut rice Roasted Broccoli Pak Choi & Sugar Snaps	Rosemary roast potatoes Steamed Carrots Roasted Root Veg	Garlic bread Green beans Cherry Tomato & Rocket salad	Chips Mushy Peas Grilled Tomato Curry sauce
Alternative	Plain pasta served with carbonara sauce	Jacket potato with baked beans or tuna and sweetcorn mayo	Pasta with tomato sauce	Ramen noodles in broth with Asian vegetables and mushroom	Selection of Paninis – Tuna melt, ham and cheese, three cheese panini
Desserts	Daily changing breads, cold cooked meats, boiled eggs, cheese and a selection of salads available from salad bar! Daly selection of potted desserts, cut fruit, fresh jellies and natural yogurt with toppings				
	Lemon drizzle sponge with cream	Banana loaf	Coconut and raspberry sponge	Vanilla rice pudding	Sticky toffee pudding with sticky toffee sauce
PM Snack	Oat cookie	Brownie		Oaty flapjack	Blueberry muffin

Menu - Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Croissants	Oatmeal Raisin Cookie	Pork Sausage Roll	Pretzel & Philadelphia	Fruity Friday
Main Course & Vegetarian	Mexican beef chilli con carne with tortilla chips	Chicken and sweetcorn pasta	Slow roast pork with apple and pear sauce	Turkey & ham pie	Burger with selection of toppings (cos, onion and tomato)
	Bean & lentil chilli with tortilla chips	Roasted tomato and basil pasta	Bubble & squeak cake topped with creamed leeks	Chunky Quorn pie with pastry topping	Veggie Burger
Sides	Golden whole rice Mexican corn Sour cream, guacamole and salsa	Garlic ciabatta Roasted med veg Tossed House Salad*	Roast potatoes Green beans Cauliflower & broccoli Gravy	Mashed Potatoes Peas Carrot Gravy	French Fries Sweetcorn Roasted Sweet Potato with Pumpkin Seeds
Other	Jacket Potato with chicken and bacon sauce or beans	Creamy mushroom and spinach gnocchi	Pasta with roasted tomato sauce	Roasted jacket potato with baked beans	Homemade fish cake with tartar sauce
Desserts	Daily changing breads, cold cooked meats, boiled eggs, cheese and a selection of salads available from salad bar! Daly selection of potted desserts, cut fruit, fresh jellies and natural yogurt with toppings				
	Sticky orange cake & cream	Chocolate muffins	Pineapple upside-down cake	Rocky road	Bread & Butter Pudding
PM Snack	Croissants	Cheese and biscuits		Shortbread	Mini Flowerpot muffin

Menu - Week Three

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Double Chocolate Cookie	Banana Bread	Pork Sausage Roll	Pain Au Raisin	Fruity Friday
Main Course & Vegetarian	Sticky BBQ chicken with pineapple salsa	Beef meatballs in rich tomato sauce	Roast gammon or turkey	Shepherds pie with pearl barley and carrot & potato mash top	Fish fingers with tomato ketchup
	Sweet potato topped with bean chilli	Vegetarian meatballs in rich tomato sauce	Sweetcorn Fritters with salsa	Quorn and vegetable hepherds pie	Deep fried banana blossom tartar sauce
Sides	Coconut rice Sweetcorn Sugar Snaps Chilled cous cous salad Potato salad	Gnocchi with herb oil Fusilli Roasted courgette 'chip' Broccoli	Roast potatoes Seasonal greens Baton Carrots Gravy	Roasted Roots Green beans	Skin on Chips Peas Chunky iceberg salad Tartar sauce
Other	Jacket potato with baked beans and cheese	Sweet and sour noodles with prawn crackers	Plain pasta with pesto sauce	Sweet jacket potato with beans, tuna, spinach and sweetcorn	Macaroni cheese with spinach and tomato
Desserts	Daily changing breads, cold cooked meats, boiled eggs, cheese and a selection of salads available from salad bar! Daly selection of potted desserts, cut fruit, fresh jellies and natural yogurt with toppings				
	Strawberry upside-down cake	Vanilla Italian Rice Pudding	Carrot cake with cream cheese frosting	Chocolate marble cake	Mixed Fruit Crumble with Cream
PM Snack	Fruit & seed Energy Bar	Mallow crispy cake		Carrot & Philadelphia pots	Biscuits