

# LUNCH

23<sup>rd</sup> June

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Morning Break</b>	Fresh Fruit & Biscuits	Pan Au Chocolate	Fresh Fruit & Biscuits	Pizza Slice	Fruit Smoothie & Biscuit
<b>Main Meal</b>	Classic Mac & Cheese  Or Mac & Cheese Topped with Crispy Bacon  Crispy Onions	Sausage Meat Roasted with a Sweet Sticky Glaze & Chunky Bread	Beef Burrito Bowl  Served with Tomato Salsa Guacamole Crushed Nachos	Sweet & Sour Chicken Served With Rice & Prawn Crackers	<u>Wrap Day</u>  Buttermilk Chicken Tenders  Quorn Fillet  Served in a Wrap with
<b>Meat Free</b>	Grilled Vegetable Stack glazed with a seed pesto.	Roasted Vegetable & Potato Stew	Quorn Burrito Bowl	Grilled Vegetable Wrap	Spicy Mayo, BBQ Sauce, Hot Sauce & shredded Lettuce
<b>Simple Option</b>	Pasta & Tomato Basil Sauce	Jacket Potato  Beans & Cheese	Pasta & Creamy Pesto sauce	Pasta & Tomato Basil Sauce	Pasta & Tomato Basil Sauce
<b>Sides</b>	Herb Focaccia  Pesto Coated Cauliflower  Peas	Roasted New Potatoes Sautéed Cabbage Honey Glazed Carrots	Savoury Rice  Steamed Corn  Peppers & Courgette	Roasted Broccoli Sweetcorn	French Fries  Baked Beans  Steamed Corn
<b>Dessert of the Day</b>	Coconut Jam Sponge & Custard	Hummingbird Cake	Tiramisu	Orange Drizzle	Caramel Brownie Bites
<b>Little Tea</b>	Fruity Flapjack	Vanila Shortbread	Mini Doughnut	Banana Chocolate slice	Rice Krispy Cake

# LUNCH

30<sup>th</sup> June

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Morning Break</b>	Fresh Fruit & Biscuits	Pan Au Chocolate	Fresh Fruit & Biscuits	Pizza Slice	Fruit Smoothie & Biscuit
<b>Main Meal</b>	<p><u>PASTA BAR</u></p> <p>Creamy Chicken &amp; Broccoli Sauce</p> <p>A Rich Beef Ragu</p>	Lemon & Herb Roasted Turkey Served with Sage & Onion Stuffing Balls and Yorkshire Pudding Finished with a Rich Gravy	Japanese Style Chicken Curry Served With Fragrant Coconut Rice	Pork Chipotle Chilli Served With Nachos and Avocado Crema	Breaded Pollock served with Homemade Tartar Sauce
<b>Meat Free</b>	<p>Roasted Red Pepper &amp; Tomato Sauce</p> <p>Homemade Mixed Seed Pesto</p>	Roasted Vegetable & Chickpea Tagine served with Fluffy Cous Cous	Butterbean & Potato Samosa served with a Harissa Yoghurt	Spiced Mixed Bean Mexican Stew	Beetroot & Feta Burger Served with Sliced Tomato In A Soft Brioche bun
<b>Simple Option</b>	Jacket Potato Beans & Cheese	Pasta & Tomato basil sauce	Creamy Pesto Pasta	Jacket Potato Beans & Cheese	Pea & Mint Risotto
<b>Sides</b>	Glazed Carrots Garden Peas	Roasted New Potato Buttered Cabbage Sauté Broccoli	Turmeric Roasted Cauliflower Green Beans	Braised Rice  Roasted Peppers Steamed corn	Seasoned Fries Baked Beans  Mushy Peas
<b>Dessert of the Day</b>	Apple & Raspberry Crumble Cream	Tottenham Cake	Syrup Sponge & Custard	Chocolate Chip Slice	Carrot Cake
<b>Little Tea</b>	Cornflake Traybake	Vanila Shortbread	Iced lemon Slice	Berry Crumble slice	Mini Doughnut

FOUNDED IN 1997

**HOLROYD HOWE**

FEEDING INDEPENDENT MINDS



# LUNCH



6 <sup>th</sup> July	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Morning Break</b>	Fresh Fruit & Biscuits	Pizza	Fresh Fruit & Biscuits	Pan Au Chocolate	Fruit Smoothie
<b>Main Meal</b>	<u>JACKET BAR</u> Classic Beef Chilli Creamy Mushroom Stroganoff Chicken and broccoli	Roasted Pork Loin Served With a Sticky Sweet Miso Glaze	<u>Classic Italian Lasagne</u> Layers of seasoned ground beef, melted cheeses, and tomato sauce	Meatballs in a Rich Tomato Sauce Served on a bed of Spaghetti	Cumberland Sausage Hot Dog Served with Caramelised Onion & Sweetcorn Relish
<b>Meat Free</b>	Spring Onion Tuna Mayo Crispy Onion Beans & Cheese	French Onion Tart With A Peppery Rocket Salad	Spinach & Ricotta Lasagne	Vegetable Enchilada	Creamy Fish Pie Topped with Mash
<b>Simple Option</b>	Pasta & Soya Bolognaise	Pasta & Rich Tomato Sauce	Jackets Beans & Cheese	Creamy Pasta	Pasta & Tomato Basil
<b>Sides</b>	Glazed Carrots Peas	Spiced Roasted New Potatoes Sauté Savoy Cabbage Sweetcorn	Garlic Bread Fingers Roasted Butternut Squash Broccoli	Green Beans Pesto Carrots	French Fries BBQ Beans Sweetcorn
<b>Dessert of the Day</b>	Vanilla Sponge With Berry Compote & Whipped Cream	Lemon Meringue Slice	Chocolate Pear Crumble with Custard	Sprinkle Cake	Heathmount Brownie
<b>Little Tea</b>	Crispy Cake	Orange Shortbread	Chocolate Flapjack	Berry Crumble slice	Mini Doughnut

# SUPPER

23<sup>rd</sup> June

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Breakfast**

Loaded Croissants  
Ham & Cheese  
Cheese & Tomato

Chipolata Pork  
Poached Egg  
Buttered Crumpet

Thursday Fry Up

Belgium Waffle Yoghurt  
Honey  
Mixed Seeds  
Fresh Berry Compote

**Main Course One**

Swedish Style Meatballs  
in a Rich Creamy  
Mustard Sauce

Lamb Koftas Served with  
Pitta And Turmeric  
Yoghurt

Thai Chicken Yellow Curry  
Served with Prawn  
Crackers

Pasta Bar & Garlic Bread  
Bolognaise

**Main Course Two**

Summer Ratatouille

Cauliflower Pakoras

Cauliflower Potato &  
Chickpea Curry

Creamy Cheese Sauce

**On the Side**

Buttered Mash  
Sauté Red Cabbage

Braised Rice  
Cous Cous Salad  
Peas

Coconut Rice  
Green Beans

Paprika Roasted Sweet  
Potato  
Sweet Corn

**Dessert**

Caramel Slice

Banana & Toffee Muffins

Citrus Crispy Bar

Chocolate Pot

SELECTION OF FRESHLY CUT & WHOLE FRUITS

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

# SUPPER

30<sup>th</sup> June

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast

Grilled Bacon  
Scrambled Egg  
Pancakes & Maple Syrup

Chipolata Pork  
Poached Egg  
Buttered Crumpet

Belgium Waffle Yoghurt  
Honey  
Mixed Seeds  
Fresh Berry Compote

Friday Fry Up

Main Course  
One

Hunters Chicken Served  
with Fresh Salad &  
Homemade wedges

Rich Beef Mince Topped  
With Herby Diced Potato

"Mac & Cheese"  
Topped With Crispy  
Onions & Golden Panko  
Crumb  
Crispy Bacon

Chicken Paella  
topped with Chorizo

Main Course  
Two

Sarah's Seasonal Frittata

Cheese And Potato Pie

Stuffed Portobello  
Mushroom

Spanish Cauliflower Tapas  
with a Garlic Aioli

On the Side

Broccoli  
Steamed Corn

Green Beans  
Roasted Cauliflower

Sweet Corn  
Herby Carrots

Steamed Broccoli

Dessert

Oat & Seed Bar

Chocolate Bread Butter  
Pudding & Custard

Thumb Cookie

Berry Muffins

SELECTION OF FRESHLY CUT & WHOLE FRUITS

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HOLROYD HOWE

FEEDING INDEPENDENT MINDS

# SUPPER

6 <sup>th</sup> July	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast		Belgium Waffle Yoghurt Honey Mixed Seeds Fresh Berry Compote	Buttered breakfast Crumpet Sausage Pattie & Egg Egg & Cheese	Grilled Bacon Scrambled Egg Pancakes & Maple Syrup	Friday Fry Up
Main Course One	Heathmount Homemade Burger, Served in a Brioche Bun With Burger Relish	Curry Bar  Chicken Tikka Or Vegetable Balti,	Greek Style Pork Skewers, Perfectly Marinated served with Pitta	Korean Fried Chicken With A sweet Chilli Sauce	
Main Course Two	Mushroom Halloumi Burger	Turmeric Rice Roasted Cauliflower	Vegetable Kebab	Crispy Cauliflower Wings	
On the Side	Waffle Fries  Sweet corn	Minted peas Mango Chutney, Papadums, Raita	Herby Rice Vibrant Salad and a Tzatziki Sauce	Pan Fried Noodles  Stir-fry Vegetables	
Dessert	Carrot Cake with Cream Cheese Frosting	Fruit Skewers With Honey & Yoghurt Dipping Sauce	Rocky Road	Berry Coconut Squares	
SELECTION OF FRESHLY CUT & WHOLE FRUITS					