



# COMING **THIS** **TERM**

Berry Tasting Table

Remembrance Day  
Themed Day

Flavor Detectives

# ON THE MENU

6<sup>th</sup> October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING BREAK	Fresh Fruit & Biscuits	Croissant	Fresh Fruit & Biscuits	Cheese and Crackers	Fruit Smoothie & Biscuit
MAIN MEAL	Chilli Lamb Marrakesh Moroccan Cous Cous or Rice Turmeric Mint Yogurt	Hog Roast  Brioche Buns  Pork Crackling, Apple Sauce & Sage Stuffing  Roasted New Potato	<u>Noodle Bar</u>  Chicken Chow Mein  Hoisin Beef	Chicken Fajita Tortilla Wrap  Sour Cream, Salsa Guacamole , Jalapenos	Breaded Pollock  Tartar Sauce  Lemon Wedge  French Fries
MAIN MEAL	Butternut Squash, Cauliflower, Chickpea Tagine	Spicy Bean Burger Rocket Tomato Salsa  Brioche Bun	Sweet and Sour Vegetable Prawn Crackers	Quorn Vegetable Fajita	Bubble and Squeak Fried Egg topped with Crispy Onions
SIMPLE CHOICE	Jackets Beans and Cheese	Pasta & Rich Tomato Sauce	Jackets Beans & Cheese	Mac and Cheese	Mushroom & Tarragon Risotto
SIDES	Roasted Aubergine Steamed Green Beans	Honey Carrots Braised Red Cabbage	Vegetable Stir Fry  Chilli Corn	Potato Wedges Confit Tomato Green Beans	Baked Beans  Mushy Peas
DESSERT	Lemon Meringue Sponge	Sticky Toffee Pudding served with Cream	Biscoff Cheesecake	Steamed Syrup Sponge Pudding Custard	Chocolate Fudge Cake
LITTLE TEA	Red Velvet Cake	Orange Fizz Cake	Gingerbread	Berry Oat Bar	Mini Muffin

# Supper

6<sup>th</sup> October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast		Chipolatas Sausages Scrambled Eggs Bagels	Fry Up	Sausage Pattie and Poached Egg Muffin	Smoked Bacon and American Pancakes Boiled Egg
Main Course One	Bourbon BBQ Beef Brisket  BBQ Pulled Jackfruit  Mac and Cheese  Buttered Sweetcorn  Ranch Salad	Chicken Gyros  Halloumi Gyros  Flatbread  Tzatziki  Oregano Fried Potato  Grilled Mushroom  Beetroot salad	Toad in the Hole  Quorn in the Hole  Creamed Mash  Onion Gravy  Pea  Beans	Lamb Rogan Josh  Vegetable Madras  Basmati Rice  Naan Bread  Riata  Mango Chutney  Spice Cauliflower  Tomato and Onion Salad	
Main Course Two					
On the Side					
Dessert	Crème Brûlée	Pain Au Chocolate Pudding	Banana Chip and Toffee Muffin	Cherry Cheesecake	

SELECTION OF FRESHLY CUT & WHOLE FRUITS



# ON THE MENU

13<sup>th</sup> October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING BREAK</b>	Fresh Fruit & Biscuits	Croissant	Fresh Fruit & Biscuits	Cheese and Crackers	Fruit Smoothie & Biscuit
<b>MAIN MEAL</b>	Vietnamese Sticky Pork Soy Fried Noodles Prawn Crackers	Rich Steak and Onion Pie Buttered Mash Gravy	Pasta Bar Carbonara Garlic Bread	Chicken Dansak Citrus Infused Rice Poppadom	Pepperoni Pizza Margherita Pizza French Fries
<b>MAIN MEAL</b>	Vietnamese Sticky Quorn	Butternut Squash, Leek and Mushroom Pie	Arrabiata Basil Pesto	Vegetable Madras Mint Raita & Mango Chutney	
<b>SIMPLE CHOICE</b>	Jacket Potato Beans & Cheese	Pasta in White Wine Broccoli Cream Sauce	Jacket Potato Beans & Cheese	Spinach Pesto Pasta	Salmon and Dill Fishcake
<b>SIDES</b>	Stir Fry Asian Greens Roasted Corn	Honey Parsnip Carrots	Steamed Broccoli Sweetcorn	Garam Masala Spice Cauliflower Garlic Green Beans	Baked Beans Peas
<b>DESSERT</b>	Carrot Cake Cream Cheese Frosting	Treacle Tart Chantilly Cream	Tiramisu	Toffee Apple Crumble Custard	Caramel Brownie
<b>LITTLE TEA</b>	Buttery Shortbread	Chocolate Chip Sponge	Cookies	Banana Cake	Mini Doughnut

# Supper

13<sup>th</sup> October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast		Sausage Pattie and Poached Egg Muffin	Smoked Bacon and American Pancakes Boiled Egg	Chipolatas Sausages Scrambled Eggs Bagels	Friday Fry Up
Main Course One	Chicken Caprese (Chargrilled Chicken topped with Tomato & Mozzarella)	Slowe Roasted Baby Back Maple Glaze Ribs	Minted Lamb Flat Bread Burger Harissa Tasaki or Beef Burger & Brioche Bun	Rich Beef Lasagna served with Garlic Focaccia	
Main Course Two	Vegetable Mozzarella Stack	Cheese and Bean Quesadillas	Beetroot and Feta Burger	Mushroom and Spinach Lasagna	
On the Side	Buttered Chive New Potato Sautee Green Beans Tomato and Basil Salad	French Fries Corn on Cob Coleslaw	Sweet Potato Wedges Baked Beans Spinach Salad	Steamed Broccoli Mixed Salad	
Dessert	Raspberry Panna Cotta	Rocky Road	S'mores	Ice Cream Station	

# ON THE MENU

4<sup>th</sup> November

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING BREAK	Fruit & Fresh Biscuits	Cheese and Crackers	Fresh Fruit & Biscuits	Croissant	Fruit Smoothie & Biscuit
MAIN MEAL	Jerk Chicken Pineapple Salsa Roasted Coconut Rice	Honey Roast Gammon Dauphinoise Potato  Rich Thyme Gravy	Jacket Potato Bar  Coronation Chicken Curry  Sausage and Red Onion Ragu  Tuna Mayo	Lamb and Potato Moussaka  Finished with a Cheese Sauce	BBQ Pulled Pork  Pretzel Roll  Coleslaw  French Fries
MAIN MEAL	Sweet Potato, Plantain, Okra Curry	Pumpkin and Mushroom Wellington	Baked Beans  Cheese & Coleslaw	Vegetarian Moussaka	Balsamic Mushroom and Spinach Gnocchi
SIMPLE CHOICE	Jacket Potato Beans & Cheese	Pasta Tomato and Basil Sauce	Creamy Cheese & Chive Pasta	Jacket Potato Beans & Cheese	Creamy Fish Pie
SIDES	Sautee Green Beans Sweet Peppers	Glaze Carrots Fried Savoy Cabbage	Creamed Leeks Roasted Broccoli	Spiced Baked Aubergine Steamed Peas	Cajun Baked Beans Roasted Corn
DESSERT	Cherry Bakewell Tart	Steamed Chocolate Sponge Chocolate Sauce	Banoffee	Peach Cobbler Custard	Orange Jaffa Cake
LITTLE TEA	Rice Krispy Cake	Flapjack	Welsh Cake	Lemon and Poppy Seed Cake	Mini Muffin



# Supper

4th November

4th November	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast		Smoked Bacon and American Pancakes Boiled Egg	Sausage Pattie and Poached Egg Muffin	Thursday Fry Up	Chipolatas Sausages Scrambled Eggs Bagels
Main Course One	Pork Kefades Meatballs Greek Yogurt	Seafood Tomato Linguine	Roast Beef Yorkshire Pudding Horseradish Sauce Gravy	Katsu Chicken Curry  Quorn Fillet Katsu Curry  Stir Fry Noodles  Sautee Bok Choi  Pickled Veg  Chocolate Mousse	
Main Course Two	Chickpea Falafel	Arrabbiata Linguine	Roast Vegetable Loaf		
On the Side	Sauté Potatoes Garlic Roasted Beetroot Greek Salad	Garlic and Parsley Doughballs Roasted Broccoli Rocket Salad	Roast Potato Honey Carrots Peas		
Dessert	Cinnamon Churros	Crepe Station	Apple Tart Tatin		
EVERY DAY	SELECTION OF SIMPLE SALADS FRESHLY CUT & WHOLE FRUITS				