

PSHE Curriculum Map Summer Term 2022

*It should be noted that changes in the curriculum are made to deal with important issues if and when they arise.

Year 1	<p>Managing Change - In this unit, children will learn about the range of changes that they and other children will experience in their lives. This will include wanted and unwanted change, those changes that are chosen for them, and changes that they choose for themselves. They will explore the emotions that may be involved when we experience loss and/or change, including what might help or hinder when coping with those emotions.</p> <p>RSE – In this unit, children will focus on varying aspects of growing up and relationships.</p>
Year 2	<p>Managing Risk - During this unit, children will consider a range of physical risks and will begin to develop their understanding of feelings associated with these. They will also begin to broaden their understanding of risk to include social and emotional risks. They will have the opportunity to consider strategies for reducing risks in everyday situations, as well as recognise the causes of accidents and ways of preventing them.</p> <p>RSE – In this unit, children will focus on varying aspects of growing up and relationships.</p>
Year 3	<p>Managing Change - In this unit, children will learn about the range of changes that they and other children will experience in their lives. This will include wanted and unwanted change, those changes that are chosen for them, and changes that they choose for themselves. They will explore the emotions that may be involved when we experience loss and/or change, including what might help or hinder when coping with those emotions.</p> <p>RSE – In this unit, children will focus on growing up and relationships.</p>
Year 4	<p>Managing Risk - During this unit, children will consider a range of physical risks and will begin to develop their understanding of feelings associated with these. They will also begin to broaden their understanding of risk to include social and emotional risks. They will have the opportunity to consider strategies for reducing risks in everyday situations, as well as recognise the causes of accidents and ways of preventing them.</p> <p>RSE – In this unit, children will focus on varying aspects of growing up and relationships.</p>
Year 5	<p>Managing Change - In this unit, children will consider situations involving change and loss in a range of contexts, including moving home, changing schools, bereavement and family change. They will learn to understand that change is an inevitable part of everyone's lives, and that changes can have positive and negative aspects to them. They will explore the emotions involved in change related situations and how feelings can change over time.</p> <p>RSE – In this unit, children will focus on varying aspects of growing up and relationships.</p>
Year 6	<p>Healthy Lifestyle - This unit looks at a range of physical and mental aspects of healthy living. It begins by focusing particularly on healthy eating and physical activity, building on unit HL3/4, and sets this in a wider context of understanding that our behaviour, routines and choices all contribute to a healthy lifestyle. It encourages children to think more widely about choices others make in relation to diet and exercise, as well as applying it directly to their own lives.</p> <p>RSE – In this unit, children will focus on varying aspects of growing up and relationships.</p>
Year 7	<p>You and your body – In this unit children will focus on the importance of a healthy diet and lifestyle.</p> <p>You as a citizen – Why we have laws, different laws in different countries and the distinction between civil and criminal law.</p> <p>You and other people – What is meant by disability and explore what it is like to have a disability.</p> <p>You and your achievements – A review of progress and achievements in Year 7 and look at targets for the future.</p> <p>RSE – In this unit, children will focus on varying aspects of growing up and relationships.</p>
Year 8	<p>You and your body – In this unit children will explore myths about drugs and drug-taking and to understand the risks of taking cannabis and ecstasy. Pupils will also investigate the laws about drugs and explore how to deal with pressure to experiment with drugs.</p> <p>You and your achievements – A review of progress and achievements during their time at Heath Mount and look at targets for the future.</p>

