

PSHE Curriculum Map Summer Term 2024

*It should be noted that changes in the curriculum are made to deal with important issues if and when they arise.

Year 1	<p>Managing Change - In this unit, children will learn about the range of changes that they and other children will experience in their lives. This will include wanted and unwanted change, those changes that are chosen for them, and changes that they choose for themselves. They will explore the emotions that may be involved when we experience loss and/or change, including what might help or hinder when coping with those emotions.</p> <p>Drug Education – Children will consider what medicines are and how they are used. They will consider how to use medicines safely and discuss who controls what medicines they take.</p> <p>RSE – In this unit, children will focus on varying aspects of growing up and relationships. They will learn the names of body parts and how to keep their bodies clean and healthy.</p>
Year 2	<p>Healthy Lifestyles - During this unit, children will consider a range of ways to stay as healthy as possible. They will identify what it feels like to be healthy and consider the importance of healthy eating and physical activity.</p> <p>Drug Education – Children will consider what medicines are and how they are used. They will consider how to use medicines safely and discuss who controls what medicines they take.</p> <p>RSE – In this unit, children will focus on varying aspects of growing up and relationships. They will investigate how babies change and grow, both in the 'bump' and after they are born. Children will discuss what babies and children need from their families.</p>
Year 3	<p>Managing Change - In this unit, children will build on their learning about the range of changes that they and other children will experience in their lives. This will include considering how to plan for changes and welcome them. Children will discuss how friendships change and how we can manage the strong emotions related to unwelcome changes, for example the loss of a pet.</p> <p>Drug Education – Children will consider what they know about legal drugs, how they can be used and misused and how to store medicines safely. Children will discuss what immunisations are and what to do if they find something risky, e.g. a syringe.</p> <p>RSE – In this unit, children will focus on growing up and relationships. They will learn the difference between male and female body parts and how they change as we grow up. Children will discuss how their bodies are special, how to keep them clean and identify who they can talk to about body changes.</p>
Year 4	<p>Healthy Lifestyles - During this unit, children will consider a range of ways to stay as healthy as possible. They will consider how to achieve a balanced diet, the benefits of an active lifestyle and the importance of hydration and of sleep. They will learn how to care for their teeth and how to look after their physical and mental well-being. They will consider who is responsible for their lifestyle choices and how their choices are influenced.</p> <p>Drug Education – Children will consider what they know about legal drugs, how they can be used and misused and how to store medicines safely. Children will discuss what immunisations are and what to do if they find something risky, e.g. a syringe.</p> <p>RSE – In this unit, children will focus on varying aspects of growing up and relationships. They will learn about the main stages of the human lifestyle and how human life begins. They will consider how different caring, stable, adult relationships create a secure environment for children.</p>
Year 5	<p>Managing Change - In this unit, children will consider situations involving change and loss in a range of contexts, including moving home, changing schools, bereavement and family change. They will learn to understand that change is an inevitable part of everyone's lives, and that changes can have positive and negative aspects to them. They will explore the emotions involved in change related situations and how feelings can change over time.</p> <p>Drug Education – Children will revise what they have learned about legal drugs, who may need them and about immunisations. Children will consider what they know about smoking, solvents, alcohol and illegal drugs and why people use them. They will discuss drug misuse, the impact on the brain and the legal implications. Pupils will consider how they can recognise peer influence, risk assess and respond assertively.</p>

	<p>RSE – In this unit, children will focus on varying aspects of growing up and relationships. They will discuss the names and functions of the male and female sexual body parts and talk about bodies appropriately and with confidence. They will learn how different bodies change at puberty and revise how to keep them clean and healthy.</p>
Year 6	<p>Healthy Lifestyle - This unit looks at a range of physical and mental aspects of healthy living. It begins by focusing particularly on healthy eating and physical activity, building on unit HL3/4, and sets this in a wider context of understanding that our behaviour, routines and choices all contribute to a healthy lifestyle. It encourages children to think more widely about choices others make in relation to diet and exercise, as well as applying it directly to their own lives.</p> <p>Drug Education – Children will revise what they have learned about legal drugs, who may need them and about immunisations. Children will consider what they know about smoking, solvents, alcohol and illegal drugs and why people use them. They will discuss drug misuse, the impact on the brain and the legal implications. Pupils will consider how they can recognise peer influence, risk assess and respond assertively.</p> <p>RSE – In this unit, children will focus on varying aspects of growing up and relationships. They will consider the physical and emotional changes at puberty and discuss the different ways babies are conceived and born. Pupils will discuss different relationships and the considerations around having children.</p>
Year 7	<p>Politics and Parliament- In this unit, children will develop an understanding of why politics is important and look at the different ways in which a democracy is upheld, including political debates, elections and campaigns. They will also consider the roles that the Prime Minister, the Monarchy and King Charles III have in leading our country and how the country is run.</p> <p>RSE – In this unit, children will focus on varying aspects of growing up and relationships. They will revise what happens at puberty, personal hygiene and menstrual well-being. Feelings and emotions around friendships and healthy relationships will be explored, as well as how to develop a greater sense of self-esteem and personal worth.</p>
Year 8	<p>Identity, Relationships and Sex Education – In this unit, pupils will consider the concept of self-love and the importance of being yourself. They will look at what constitutes healthy, respectful relationships and also ways in which they can deal with conflict in an effective way to enable a more positive outcome. In their human reproduction unit earlier this year, which was taught as part of biology, pupils also learnt about conception, pregnancy and birth and contraception.</p> <p>Law, Crime and Society- In this unit, children will be involved in different activities based around being stranded on a desert island and having to build their own communities. Through these activities, children will explore how to make decisions, what it means to be a community, how to live cohesively and also how the justice system works.</p>